



# Ringette REVIEW

RingetteReview.com | 403.803.4862

RINGETTE

RINGETTE REVIEW INC.

## Ringette Review Inc. Camp Information South Calgary Camp

- Protective equipment and sticks are not provided.
- Please check all equipment (helmets, skates sharpened etc.) prior to the first day of camp.
- Daily nutritious bagged lunch, snacks and water bottle are required. Microwave not available.
- Gym clothing, running shoes, swim suit and towel are required daily (swimming subject to availability).
- Sunscreen, hat and bug repellent are recommended
- Participants must be picked up promptly at 4:30pm as there will be limited supervision after this time.
- In case of emergency Danielle Hargreaves the camp onsite lead instructor can be reached @ **403-874-9127**. Alternatively, Jody Black can be reached @ **403-803-4862**.
- Please arrive 30 MINUTES PRIOR to your start time on the first day of camp to receive your camp schedule.
- Participants must be picked up promptly when their camp ends each day.
- **A risk waiver must be filled out and handed in the first day of camp. Athletes without signed waivers will not be able to participate. For those who filled out online waivers at time of registration you do not need to bring one with you the first day.**

**July 06-10, 2009**

**South Fish Creek**

**Recreation Complex**

Unit #100, 333 Shawville

Blvd SE Calgary,

Alberta T2Y-4H3 Canada

### **NOVICE Group**

Ages 8-9

7:45am - 4:00pm

### **PETITE Group**

Ages 10-11

8:00am - 4:00pm

### **TWEEN/JUNIOR Group**

Ages 12-15

8:30am - 4:30pm

### **ELITE Tween/Junior Group**

Ages 12-15

9:00am - 5:00pm

*The staff at Ringette Review  
looks forward to seeing you in July!*