



Medicine Hat Ringette Review Inc.

Camp Information Form

- Protective equipment and sticks are not provided.
- Please check all equipment (helmets, skates sharpened etc.) prior to the first day of camp.
- Daily nutritious bagged lunch, snacks and water bottle are required. Microwave not available.
- Gym clothing, running shoes, swim suit and towel are required daily
- Sunscreen, hat and bug repellent are recommended
- Participants must be picked up promptly at 6:00pm as there will be limited supervision after this time.
- In case of emergency Danielle Hargreaves the camp onsite lead instructor can be reached @ **403-874-9127** throughout the day. Alternatively, Jody Black can be reached @ **403-803-4862**.
- Daily schedule to be handed out the first day of camp. The camp hours are 10:30am-6:00pm each day, however please arrive at 10:00 am on July 13th for check in.
- **A risk waiver must be filled out and handed in the first day of camp. Athletes without signed waivers will not be able to participate.**

We look forward to seeing you in July!